

How did you feel lately??

Please fill out your first name.....

And your date of birth

Here are some sentences about how you can deal with problems that you sometimes meet in your life. Different children have different problems or deal with problems differently. Thus, there are no wrong answers; it is just about what you think.

		not true	sometimes true	true
1	I am often worried.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2	When I have a problem, I often think “why me?”	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3	It is difficult to forget bad things.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4	Problems never worry me. I just solve them.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5	When I have a problem, I can’t stop thinking about it.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6	When I make a mistake, I am worried about what might happen.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7	When I have a problem, I think about it all the time.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8	When I try to deal with a problem, I am worried that I will only make things worse.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9	When I have a problem, I often think about how bad it is.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10	When I don’t know exactly what is happening, I usually think that bad things will happen.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

***Please check if you marked all sentences!
Thank you!***