

Brief Shame and Guilt Questionnaire for Children

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Novin, S. & Rieffe, C. (2015). Validation of the Brief Shame and Guilt Questionnaire for Children. *Personality and Individual Differences, 85*, 56-59.

Read the short stories below.

How would you feel if you were in these situations?

For each of these stories, mark how guilty or ashamed you would feel if you were to experience what happened.

			Not at all	A little	A Lot
1.	Your classmate is using the red pen the whole time. You also need the pen. You snatch away the pen.	You feel guilty	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
			Not at all	A little	A Lot
2.	You are walking in the middle of a busy shopping street. You trip. All your books and pens fall out of your bag on the street.	You feel ashamed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
			Not at all	A little	A Lot
3.	You are riding your bike on the pavement. You are going really fast. Suddenly a little girl is standing there and you bump into her.	You feel guilty	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
			Not at all	A little	A Lot
4.	You get a very bad grade at school.	You feel ashamed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
			Not at all	A little	A Lot
5.	You want to go home quickly. The little girl from next door drops her marbles. You don't help, because you're in a hurry.	You feel guilty	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
			Not at all	A little	A Lot
6.	You are going to school. You have cut your own hair. You feel stupid.	You feel ashamed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
			Not at all	A little	A Lot
7.	Your classmate worked a long time on a painting. But you don't watch out. You knock over a glass of water on his drawing. Everything spills over the painting. The painting is totally ruined.	You feel guilty	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
			Not at all	A little	A Lot
8.	You fall from your bike onto the pavement. People stop to watch. You leave quickly.	You feel ashamed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

			Not at all	A little	A Lot
9.	Your classmate hasn't finished her essay on time. She asks you for help. You don't help her, because you don't feel like it.	You feel guilty	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
			Not at all	A little	A Lot
10.	You are standing in front of the class. You have to give a talk. Everyone is looking at you. You forget what you wanted to say.	You feel ashamed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
			Not at all	A little	A Lot
11.	There is only one cookie left in the cookie jar. You quickly put it in your mouth. Now your friend doesn't have a cookie.	You feel guilty	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
			Not at all	A little	A Lot
12.	You are at your classmate's house for the first time. You get a glass with chocolate milk. You trip on the carpet. The chocolate milk falls out of your hands.	You feel ashamed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>