

## EmQue-CA

Below you will find 18 short sentences. Every sentence is a statement about how you can react to other people's feelings. You can mark each sentence if this is often true, sometimes true or not true for you. Choose the answer that best fits you. You can only mark one answer. Please remember that there are no wrong or right answers.

|  | Not<br>True | Sometimes<br>True | Often<br>True |
|--|-------------|-------------------|---------------|
| 1. If my mother is happy, I also feel happy.                                   | 0           | 1                 | 2             |
| 2. I understand that a friend is ashamed when he/she has done something wrong. | 0           | 1                 | 2             |
| 3. If a friend is sad, I like to comfort him.                                  | 0           | 1                 | 2             |
| 4. I feel awful when two people quarrel.                                       | 0           | 1                 | 2             |
| 5. When a friend is angry, I tend to know why.                                 | 0           | 1                 | 2             |
| 6. I would like to help when a friend gets angry.                              | 0           | 1                 | 2             |
| 7. If a friend is sad, I also feel sad.  | 0           | 1                 | 2             |
| 8. I understand that a friend is proud when he/she has done something good.    | 0           | 1                 | 2             |
| 9. If a friend has an argument, I try to help.                                 | 0           | 1                 | 2             |
| 10. If a friend is laughing, I also laugh.                                     | 0           | 1                 | 2             |
| 11. If a friend is sad, I understand mostly why.                               | 0           | 1                 | 2             |
| 12. I want everyone to feel good.  | 0           | 1                 | 2             |
| 13. When a friend cries, I cry myself.   | 0           | 1                 | 2             |
| 14. If a friend cries, I often understand what has happened.                   | 0           | 1                 | 2             |
| 15. If a friend is sad, I want to do something to make it better.              | 0           | 1                 | 2             |
| 16. If someone in my family is sad, I feel really bad.                         | 0           | 1                 | 2             |
| 17. I enjoy giving a friend a gift.  | 0           | 1                 | 2             |
| 18. When a friend is upset, I feel upset too.                                  | 0           | 1                 | 2             |