

## Wayfinding Questionnaire (WQ)

The next 22 questions will be about navigation. You answer the questions by **marking the numbers** most suitable to you.

Explanation of numbers 1 to 7:

1	2	3	4	5	6	7
<i>Not applicable to me at all</i>	<i>Almost never applicable to me</i>	<i>Seldom applicable to me</i>	<i>Sometimes applicable to me</i>	<i>Often applicable to me</i>	<i>Nearly always applicable to me</i>	<i>Totally applicable to me</i>

1. When I am in a building for the first time, I can easily point to the main entrance of this building.

<i>Not applicable to me at all</i>	1	2	3	4	5	6	7	<i>Totally applicable to me</i>
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2. If I see a landmark (building, monument, intersection) multiple times, I know exactly from which side I have seen that landmark before.

<i>Not applicable to me at all</i>	1	2	3	4	5	6	7	<i>Totally applicable to me</i>
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3. In an unknown city I can easily see where I need to go when I read a map on an information board.

<i>Not applicable to me at all</i>	1	2	3	4	5	6	7	<i>Totally applicable to me</i>
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4. Without a map, I can estimate the distance of a route I have walked well, when I walk it for the first time.

<i>Not applicable to me at all</i>	1	2	3	4	5	6	7	<i>Totally applicable to me</i>
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5. I can estimate well how long it will take me to walk a route in an unknown city when I see the route on a map (with a legend and scale).

<i>Not applicable to me at all</i>	1	2	3	4	5	6	7	<i>Totally applicable to me</i>
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6. I can always orient myself quickly and correctly when I am in an unknown environment.

<i>Not applicable to me at all</i>	1	2	3	4	5	6	7	<i>Totally applicable to me</i>
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7. I always want to know exactly where I am (meaning, I am always trying to orient myself in an unknown environment).

<i>Not applicable to me at all</i>	1	2	3	4	5	6	7	<i>Totally applicable to me</i>
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8. I am afraid of losing my way somewhere.

<i>Not applicable to me at all</i>	1	2	3	4	5	6	7	<i>Totally applicable to me</i>
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9. I am afraid of getting lost in an unknown city.

<i>Not applicable to me at all</i>	1	2	3	4	5	6	7	<i>Totally applicable to me</i>
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10. In an unknown city, I prefer to walk in a group rather than by myself.

<i>Not applicable to me at all</i>	1	2	3	4	5	6	7	<i>Totally applicable to me</i>
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11. When I get lost, I get nervous.

<i>Not applicable to me at all</i>	1	2	3	4	5	6	7	<i>Totally applicable to me</i>
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How uncomfortable are you in the following situation (item 12, 13, 14):

12. Deciding where to go when you are just exiting a train, bus, or subway station.

<i>Not uncomfortable at all</i>	1	2	3	4	5	6	7	<i>Very uncomfortable</i>
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13. How uncomfortable are you in the following situation: Finding your way in an unknown building (e.g., a hospital).

<i>Not uncomfortable at all</i>	1	2	3	4	5	6	7	<i>Very uncomfortable</i>
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14. How uncomfortable are you in the following situation: Finding your way to a meeting in an unknown city or part of a city.

<i>Not uncomfortable at all</i>	1	2	3	4	5	6	7	<i>Very uncomfortable</i>
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15. I find it frightening to go to a destination I have not been before.

<i>Not uncomfortable at all</i>	1	2	3	4	5	6	7	<i>Very uncomfortable</i>
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16. I can usually recall a new route after I have walked it once.

<i>Not applicable to me at all</i>	1	2	3	4	5	6	7	<i>Totally applicable to me</i>
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17. I am good at estimating distances (e.g., from myself to a building I can see).

<i>Not applicable to me at all</i>	1	2	3	4	5	6	7	<i>Totally applicable to me</i>
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18. I am good at understanding and following route descriptions.

<i>Not applicable to me at all</i>	1	2	3	4	5	6	7	<i>Totally applicable to me</i>
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19. I am good at giving route descriptions (meaning, explaining a known route to someone).

<i>Not applicable to me at all</i>	1	2	3	4	5	6	7	<i>Totally applicable to me</i>
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20. When I exit a store, I do not need to orient myself again to determine where I have to go.

<i>Not applicable to me at all</i>	1	2	3	4	5	6	7	<i>Totally applicable to me</i>
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21. I enjoy taking new routes (e.g., shortcuts) to known destinations.

<i>Not applicable to me at all</i>	1	2	3	4	5	6	7	<i>Totally applicable to me</i>
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22. I can easily find the shortest route to a known destination.

<i>Not applicable to me at all</i>	1	2	3	4	5	6	7	<i>Totally applicable to me</i>
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