

Quick setup R

1. Make sure you have the latest R downloaded

- Type `R.version$version.string` in R it should be **4.3.2** (aka 'Eye Holes' with `R.version$nickname`)
- If not download the latest version for [Windows](#) or [Mac](#)

2. Make sure you have the latest Rstudio downloaded

- You can check this by clicking on the menu `About Rstudio` in the Rstudio or Help interface dropdown.
- If not download the latest version of [Rstudio](#)

3. Make sure you have the packages installed

- You can do this by running the following code

```
if (!require(pacman)) {  
  install.packages("pacman")  
}  
  
pacman::p_load(patchwork, tidyverse, lavaan, ggpp, plyr,  
              ggrain) #for rainclouds
```